

MAINE EAST HIGH SCHOOL – DISTRICT 207

Medications

Some students with special needs or medical conditions may require the administration of medication during the school day. Medications are limited to those required during school hours and necessary for maintaining an optimal state of health for academic success. Self-administration of medications, with supervision by the school nurse, is expected at the high school level: facilitating self-reliance and student responsibility.

With the exception of EpiPens and asthma inhalers, **prescription** medications are kept in the school health office. A Medication Authorization Form, (completed and signed by both the prescribing physician and parent/guardian) must be submitted to the school nurse for all medications.

The school nurse does not dispense any OTC (over-the counter) medications, including aspirin or Tylenol. Students may be allowed to carry their own OTC medications at school with **written permission** from the school nurse.

All medication brought to school must be in the original container appropriately labeled. Prescription medication must be provided in the pharmacy bottle/with the pharmacy label.

[WRITTEN PERMISSION FOR PRESCRIBED OR NON-PRESCRIBED \(OTC\) MEDICATIONS AT SCHOOL MUST BE RENEWED ANNUALLY.](#)

Questions about specific medication procedures should be directed to the school nurse. The purpose of the procedures is to limit medication use in school, yet assure safe administration of medications for those students who require them.