

## MAINE TOWNSHIP HIGH SCHOOL WEST

1755 S. Wolf Road, Des Plaines, Illinois 60018-1994

847-827-6176

Fax: 847-296-4916

Dr. Marina Scott Ms. Maria Ward Interim Principals Mr. David J. Matkovic Associate Principal Dr. Elleen McMahon
Assistant Principal Teaching and Learning

Mr. John Aldworth
Assistant Principal for Students

Dr. Claudia Rueda-Alvarez
Assistant Principal for Student Services

August 2018

#### **Dear Parents:**

Greetings from the faculty and staff of Maine West High School, and welcome to the 2018-2019 school year! We have been busily preparing for the start of the school year, and look forward to another great year with the Maine West student/parent community.

School begins on Monday, August 13, 2018 for Freshmen at 8:05 a.m. PACE buses will provide transportation. Sophomores, Juniors, and Seniors will start at 9:30 a.m. There is no PACE bus for the 9:30 start. Students may come early or find their own transportation. All students will be dismissed at 3:20 p.m.

It is important to note that the end of the day is 3:20 rather than 3:15, as in the past. For any students catching the 3:25 p.m. PACE bus, there will be a 5-minute window to catch the bus. We suggest students consider the short time interval as they determine what to bring to their last period class, in the event they do not have time to return to their lockers prior to leaving the building to catch the PACE bus.

On August 13, students will begin the day in their respective Homeroom period and will receive their schedule, locker assignment, and instructional materials. Students will attend all of their classes, receiving instructions about expectations for each class and what supplies/materials they may need. As you know, we are moving to a hybrid schedule this year with 90-minute periods on Tuesdays (periods 1-3-5-7) and Wednesdays (periods 2-4-6-8) which we believe will maximize effective instruction to benefit students. Additionally, Thursday (not Wednesday) will be a Late Arrival day each week with period 1 beginning at 8:45 a.m. Included in this mailing is a bell schedule for the first day and the remainder of the school year. Please put the schedule somewhere visible and remind your teen that school starts soon!

Freshmen and their parents should plan to attend *Warrior Welcome Night* on Thursday, August 9 at 6:30 p.m. Students will be introduced to the school with some fun events, and they will have we an opportunity to walk their schedules, find their lockers, and ask questions of upperclassmen. Parents will receive information about curriculum and systems of support *and* will have an opportunity to ask questions of administration.

Although we are new in our roles to Maine West High School, we are veteran principals, both of whom have an established relationship with D2O7. Please know that, like all staff at MWHS, our priority is to provide a robust learning environment for students while also ensuring their physical and emotional safety. We look forward to meeting your teens — and you — as the year progresses. The importance of a strong partnership between parents and the school is critical to the success of our students, and we recognize that, with your support and assistance, we can achieve our vision to *improve student learning* for each and every student at Maine West High School.

Best wishes for a successful school year!

Sincerely,

Marina Scott and Maria Ward
Interim Principals, 2018-2019



#### AUGUST 13, 2018 OPENING DAY SCHEDULE

Freshmen will start their school day at 8:05 and end at 3:20.

Sophomores, juniors and seniors will start at 9:30\*and end at 3:20.

\*Note: There is no PACE bus for the 9:30 start. Students may come early or find their own transportation.

FRESHMEN ONLY			
Homeroom			
Warrior Pride Activities			
ALL STUDENTS			
Homeroom for All			
1			
2			
3			
4			
5			
6			
7			
8			

# Maine West High School

# 2018-2019 Class Schedules

Mo	nday & Friday	Tu	iesday	We	dnesday		Thursday
Period		Period		Period		Period	
1	8:05-8:55	1	8:05-9:35	2	8:05-9:35	1	8:45-9:30
2	9:00-9:50					2	9:35-10:20
3	9:55-10:45	3	9:45-11:15	4	9:45-11:15	3	10:25-11:10
4	10:50-11:40	l				4	11:15-12:00
5	11:45-12:35	5	11:20-1:40	6	11:20-1:40	5	12:05-12:50
6	12:40-1:30	L				6	12:55-1:40
7	1:35-2:25	7	1:50-3:20	8	1:50-3:20	7	1:45-2:30
8	2:30-3:20					8	2:35-3:20



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#### August 2018

#### Dear Parents:

Maine Township High School District 207 is pleased to continue the use of a Parent Portal that allows parents to access their student's grades and attendance from any computer with Internet access. This portal is designed to keep our parents and students better informed about grades, attendance, and assignments. If you already have a working parent portal account, you do not need to do anything. See the information below if you have a student new to District 207 or are experiencing difficulties with your current account.

In order to use the Parent Portal, you must be listed as a student contact with a current email address. The information you provided during the Powerschool registration process will be used to create new parent portal accounts. If this information is not on file or is incorrect, please contact Maine West's Student Services at 847-803-5768 or 847-803-5760 to have your contact information updated so you are able to secure a Portal account.

About one week after school starts, a letter and an email will be sent with a registration code/instructions to parents/guardians who do not have a current Portal account AND have an email address on file with Student Services. For more information, instructions, and support go to the Maine West web site, <a href="https://west.maine207.org">https://west.maine207.org</a> click the "Parents" dashboard and look for the "Aspen Support" button under the "Additional Resources" section.

After you receive your registration code or if you did not get a code and your contact information is current, please submit an online request using the "Aspen Family Portal Support Form" found on the support page. You may also drop by for assistance during Meet the Teacher Night on Thursday, August 30 from 6:00 to 8:45 p.m.

We hope you will find this service beneficial.

Sincerely,

Michael Cannizzo

Michael Cannizzio District Technology Support Manager Maine Township High School District 207

# MAINE TOWNSHIP HIGH SCHOOL WEST HEALTH OFFICE POLICIES



Good health and regular attendance are necessary for full enjoyment and achievement during the high school year. Students are encouraged to have enough sleep and good nutrition throughout the school year. Please carefully read the following Health Office policies.

<u>PHYSICAL EXAMINATION</u>: In compliance with Illinois State Law, Maine Township District 207 requires all students to have a complete physical examination on file, with current immunization dates listed. **Students may not purchase books nor attend classes until this requirement is met.** The District 207 School Based Health Center is a full service clinic located at Maine East High School. School and sport physicals cost \$35; the state will be billed for Medicaid patients. All other visits are FREE for students. Call 847-825-4059 to schedule an appointment.

Note to Freshmen: A completed physical form must be on file in order to start school on August 13. Freshman students who plan to participate in a sport are advised to make a copy of this report to submit to their coach.

**ADAPTED PHYSICAL EDUCATION OR ADAPTED SCHEDULE:** If it is advisable for a student to have limited physical education activities due to a physical or emotional problem, please contact the school nurse. The parents of a student with an individual health problem should feel free to discuss the situation with the school nurse so that an adaptation of schedule, necessary seat placement, or other considerations may be arranged.

<u>EMERGENCIES</u>: In the event of a serious illness or injury during the school day, the Health Office will contact parents or the person designated to be their child's emergency contact. All school accidents must be reported to the teacher or supervisor in charge.

<u>DOCTOR'S NOTES</u>: All notes written by a doctor must be submitted directly to the nurse who will notify physical education teachers or other necessary school personnel of necessary adjustments in programs. Physical education teachers will accept notes from parents for conditions lasting no more than two days.

<u>ILLNESS</u>: Students who become ill during the school day should obtain a pass to the nurse from the teacher or supervisor in charge. Students with general health complaints should go to the Health Office during a study or free period. Except in emergencies, students should not report between periods or during a class. All arrangements to go home because of illness are made from the Health Office. Parents are responsible for transportation.

Students returning to school after an extended illness, injury, hospitalization or a communicable disease should report to the nurse on the day of return. If necessary, the nurse will issue a pass for extended passing time and the use of the elevator.

<u>MEDICATION</u>: No medication (including aspirin) is given to students. All medication including over the counter must have written permission signed by a physician. Any student on medication for an extended period of time must submit a Medication Authorization form, signed by the physician and parent, to the nurse. The medication should be brought to school in a container, labeled by the pharmacy or the physician.

#### MAINE TOWNSHIP HIGH SCHOOL DISTRICT 207 2018-2019 SCHOOL CALENDAR

August 2018			
First Day of School for ALL Students		August 13	Monday
Meet the Teacher Evening		August 30	Thursday
Early Dismissal		August 31	Friday
Larry Distrissar			
September 2018	NO SCHOOL	September 3	Monday
Labor Day	NO 3CHOOL	September 5	Tionday
October 2018			
Columbus Day	NO SCHOOL	October 8	Monday
Parent Teacher Conferences	NO SCHOOL	October 9	Tuesday
Half Day Testing – Early Dismissal		October 10	Wednesday
November 2018			
Teacher Institute	NO SCHOOL	November 6	Tuesday
Non-Attendance Day	NO SCHOOL	November 21	Wednesday
Thanksgiving Day	NO SCHOOL	November 22	Thursday
Non-Attendance Day	NO SCHOOL	November 23	Friday
Non-Attendance Day			
December 2018		- 10 00 01	TAL TELL F
First Semester Finals		Dec. 19, 20, 21	W, TH, F
First Semester Ends / Winter Break Begins		December 21	Friday - End of Finals
Winter Break December 21 - January 7	NO SCHOOL		
January 2019			
Teacher Institute	NO SCHOOL	January 7	Monday
School Resumes after Winter Break		January 8	Tuesday
Martin Luther King Day	NO SCHOOL	January 21	Monday
Martin Lutiler King Day	110 00.110 00		
February 2019	NO SCHOOL	February 18	Monday
Presidents' Day	NO SCHOOL	redition 10	rioliday
March 2019			
Spring Break	NO SCHOOL	March 25 – 29	
April 2019	NO SCHOOL	April 19	Friday
Non-Attendance Day	NO 3CHOOL	April 17	riuuj
May 2019			
Graduation		May 19	Sunday
Semester Two Finals		May 22, 23, 24	W, TH, F
School Dismissed/Second Semester Ends		May 24	Friday - End of Fina

Progress Reports/Semester Grades Available Online:

September 13 N October 18 Ja

November 15 January 9 February 7 March 21 April 25 May 30

## Maine Township High School District 207

#### Maine East • Maine South • Maine West • Frost Academy

# \*\*\* PLEASE TAKE THE TIME TO READ THIS IMPORTANT INFORMATION\*\*\* \*\*\* PARENTS – YOU ARE RESPONSIBLE \*\*\*

Maine Township HSD 207 is not liable for accidents which occur at school. It is important to understand the school/district is not responsible for medical payments for your child. If your child is injured during ANY SCHOOL OR ATHLETIC ACTIVITIES, all medical charges are YOUR RESPONSIBILITY.

For the 2018-19 school year, the school district has a student/athletic accident insurance plan available for parents/guardians to purchase. We strongly encourage you to consider this coverage for your student if:

- Your Insurance has a High Deductible
- There are limitations within your Insurance
- Your family currently has no Insurance
- Your student is participating in a high risk/contact sport or activity

Coverage Options	One Time Policy Year Premium
School Time Coverage (Not including Interscholastic Sports)  Provides benefits for accidents during school hours ONLY	\$16.00
School Time Coverage Includes Interscholastic Sports  Provides benefits for accidents during school hours as well as participating in interscholastic sports (Grades 7-12 Except Football Grades 9-12)	\$91.00
Football Coverage Grades 9-12 Provides benefits to athletes when practicing and competing during the football season	\$250.00
Full Time Coverage (Not including Interscholastic Sports)  Provides benefits for students 24 hours a day, 7 days a week	\$99.00
Full Time Coverage Includes Interscholastic Sports  Provides benefits for students 24/7 as well as when they participate in interscholastic sports (Grades 7-12 Except Football Grades 9-12)	\$174.00
Extended Dental Coverage Provides additional benefits for students 24 hours a day for any dental accident *All online purchases are subject to a \$5.00 transaction fee	\$9.00

This insurance may be purchased at any time during the school year

To view a description of the medical benefits this accident plan provides, please click the link below and view the 2018-19 brochure.

If you're interested in signing your student up for coverage, please click the same link below and select the 2018-19 purchase online. A confirmation number will be emailed to you once you enroll your student.

#### SIGN UP YOUR STUDENT BY CLICKING THIS LINK:

https://www.sas-mn.com/k12enronline/links/2018/il/maine\_township.html

QUESTIONS?? - Please call Student Assurance Services if you have any questions. You will be able to speak to a live person who is able to answer all questions regarding this information. Student Assurance Services can be contacted at (800) 328-2739.

The above is just a brief description of rates and coverage options under this plan. This is not a contract, policy, or outline of coverage. All benefits are subject to maximum amounts, limits, exclusions and other policy provisions.



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Mr. David J. Matkovic Associate Principal Ms. Maria Ward **Interim Principals** 

Home Address

Phone (Home/Cell)

*I am willing to:* Donate (Donation Enclosed)

Dr. Elleen McMahon Assistant Principal Teaching and Learning

Mr. John Aldworth Assistant Principal for Students

Dr. Claudia Rueda-Alvarez **Assistant Principal for Student Services** 

#### Help Give Scholarships to Maine West Students

The Maine West Scholarship Fund exists to raise scholarship money to be given to Maine West students to help with the cost of ANY post-secondary education. The number of students awarded is directly related to the amount of money raised each school year.

Your participation and support is essential to the success of the program. Money is raised from memberships, corporate and staff donations, snack sales on final exam days and fundraisers.

> THANKS TO MEMBERS, OUR STAFF AND OUR CORPORATE SPONSORS. WE WERE ABLE TO GIVE 52 (\$1,000 each) SCHOLARSHIPS TO STUDENTS FROM THE CLASS OF 2018!

#### PLEASE JOIN US IN OUR EFFORTS TO MAKE THIS YEAR ANOTHER SUCCESSFUL ONE BY BECOMING A SPONSOR/MEMBER.

Annual Sponsorships for 2018-2019

### Other \$ ☐ Family Donor \$25 ☐ Super Donor \$100 Mail or drop off to: Maine West Scholarship Fund Maine West High School, 1755 S. Wolf Road, Des Plaines, IL 60018 Checks should be made out to Maine West. Please write "Senior Scholarships" on the Memo line. Name(s) Email Address(es) Student Name(s) / Grade(s)

When is the best time to call?

Help/Volunteer

Our students thank you for your support!



#### MAINE WEST ATHLETIC BOOSTER CLUB

Welcome all Warrior Students & Parents/Guardians!

We are happy to welcome you to Maine West High School 2018-19 school year either as a returning or new Warrior family. There are several activities and clubs available at Maine West and we encourage all students to get involved with as many as they can. Athletics has always been an important part of Maine West and the Warrior Spirit is alive and well in the activities supported by the Maine West Athletic Boosters.

The Maine West Athletic Booster Club is a non-profit organization comprised of dedicated parents, guardians, alumni, coaches, teachers, school administrators, and community members. The Athletic Booster Club supports **ALL** teams and athletes at Maine West High School. Each year, the athletic department and coaches request financial support for equipment, supplies, and programs. We review the requests and fulfill as many as we can.

Money is raised through membership dues, concessions, spirit wear and sponsorship banner sales throughout the year. We also host fundraising events such as our annual "West Fest". These funds are used in the development of our athletes, coaches, and programs. A portion of our money raised goes towards the purchase of equipment and many other items that might not otherwise be affordable to the school. All funds raised go to support Maine West Athletics and help provide our students with a first class athletic program. Our Warriors are coming off of one of the most successful years of athletics in the history of the school, and the efforts of the Boosters have helped to make that success possible.

Membership can be completed online or via the attached application. Information is available on the Maine West Athletic Web Page.

Please help support athletics at Maine West High School and join the Maine West Athletic Booster Club today!

Thanks and Go Warriors!

Justyne Scott Reeves Athletic Booster President





#### MAINE WEST ATHLETIC BOOSTERS

#### Who are we and why should you donate?

The Maine West Athletic Booster Club is a parent run organization that provides funding support to all school sponsored interscholastic athletics at Maine West. 100% of money raised goes to support our programs.

#### How do we do our major fundraising?

Our top fundraisers are membership donations, spirit wear sales, sponsorships and West Fest. Through your support we can help provide items for each sport that are not in the athletic department budget. A partial list of items made possible through Booster fundraising efforts is listed on the back of this form.

#### **BASIC DONATION MEMBERSHIP (\$50)**

A donation of \$50 entitles you to a Family Membership. \*This includes family admission to all home athletic events for up to 4 immediate family members. (IHSA Tournaments and select invites excluded.)

#### **VIP DONATION MEMBERSHIP (\$100)**

A donation of \$100 entitles you to a VIP Membership (Quantities limited) and includes all benefits of a Basic Membership AND reserved parking in Spec Gym lot for all home football games with entry through North Gate. \*Memberships include an Athletic Family Pass that will provide entry for your family to all home athletic events except for IHSA tournaments and select invites for all 3 seasons of athletics for the 2018-2019 school year. (Students attending Maine West should purchase an Activity Pass)

#### How can I help?

We have several volunteer opportunities throughout the year. Please attend one of our monthly meetings for more information. Meetings are held the first Tuesday of every month at 6:30 p.m. in the Principals Meeting room at the end of L wing. The Maine West Athletic Boosters has a need for all volunteers, whether you can give 1 hour or an infinite amount of time!

You can find additional information on the Maine West website homepage. Select Athletics and look for "Athletic Boosters" or email guestions to MaineWestFest@gmail.com

Name:	Email:
Address:	City/Zip:
Cell Phone:	
BASIC MEMBERSHIP - \$50  *Includes family admission for up to 4 immed members to all home athletic events. (IHSA and select invites excluded)  OTHER (List Amount) \$	
Make Check Payable to: <i>Maine Wes</i> Sen	Athletic Boosters this membership form and payment to:
	Maine West High School Attn: Athletic Department

Des Plaines, IL 60018

Your donation/membership items will be mailed to you.

1755 S. Wolf Rd

#### Sports Supported by the Maine West Athletic Boosters

BADMINTON
CHEERLEADING
FOOTBALL
SOCCER
TENNIS
WARRIORETTES

BASEBALL
CROSS COUNTRY
GOLF
SOFTBALL
TRACK
WATER POLO

BASKETBALL FENCING GYMNASTICS SWIMMING VOLLEYBALL WRESTLING

# Some Recent Purchases Made Possible by the Work of the Athletic Boosters:

- -STUDENT-ATHLETE LEADERSHIP PROGRAMS (EVERY YEAR)
- -HUDL VIDEO EDITING PROGRAM FOR ALL SPORTS (EVERY YEAR)
- -NEW SCORERS TABLE FOR SPECTATOR GYM
- -SPEED/AGILITY TRAINING LADDERS
- -ATHLETIC TRAINING EQUIPMENT/HYDRATION SYSTEM
- -STADIUM, GYM, POOL, AND DUGOUT LOGO IMAGES
- -BADMINTON: RACQUETS
- -BASEBALL: TRAINING NETS/SCREENS/EQUIPMENT, HITTING MACHINE
- -BASKETBALL: UNIFORMS, TRAINING EQUIPMENT, SHOOTING MACHINE
- -CHEER/POMS: UNIFORMS, MATS, SOUND SYSTEM, CAMP BUSSING
- -CROSS COUNTRY: UNIFORMS
- -FENCING: COMBAT EQUIPMENT
- -GOLF: WARM-UPS/RAIN GEAR, GOLF BAGS, RANGE FINDERS
- -GYMNASTICS: TUMBL TRAK, MATS, TRAIN EQUIP, RECORD BOARD, STEREO
- -FOOTBALL: HUDL SIDELINE, TRAINING EQUIPMENT, COUNTDOWN TIMER
- -SOCCER: BACKPACKS, TRAINING GOALS, EQUIPMENT & BIBS
- -SOFTBALL: BATTING CAGE, HITTING MACH, SOUND SYSTEM, TRAIN EQUIP
- -SWIM/DIVE: WARM UPS, LANE LINES, TRAINING EQUIP, TRAVEL BAGS
- -TENNIS: BALL MACHINES, RACQUETS, WARM UPS
- -TRACK: VAULT TRAINING SYSTEM, CUSTOM HURDLES, VAULTING POLES
- -VOLLEYBALL: WARM UPS, CUSTOM PADDING & NET, TRAINING EQUIP.
- -WARRIORETTES: POMS. UNIFORMS
- -WATER POLO: CAPS, MARKERS, FLOATING GOALS, TRAINING EQUIP
- -WRESTLING: SCALES, CLIMB ROPES, TRAIN SCOREBOARD, RECORD BOARDS



VISUAL ARTS • BROADCASTING • DANCE • DRAMA • MUSIC

#### 2018-19 FAMILY MEMBERSHIP APPLICATION

#### **Gold Level Blue Level** Lifetime Membership for Current School Year for Current School Year \$200 <sup>5</sup>50 \$30 \$5 Concession Booster Bucks Only families whose youngest child is a · Two complimentary musical tickets (\$20 value) Senior in the fall will be eligible · Scholarship eligibility for seminars, • \$5 Concession Booster Bucks workshops, or camp \* · Two complimentary drama or musical tickets annually (\$14-20 value) · Scholarship eligibility for seminars, Fine Arts Booster window cling • \$5 Concession Booster Bucks workshops, or camp \* (delivered your first year) · Fine Arts Booster window cling · Fine Arts Booster window cling

\* To be eligible for scholarships, a family member must volunteer to assist the Fine Arts Boosters for at least one event.

Membership Level (circle	one): Lifetime Gold Blue	
Parent's Name(s):		Maine West Alum? YES! □
Address:		
City, State, Zip:		Phone:
Email:		
Additional Email (optional)	r.,	
Student's Name:		FR SO JR SR
Student's Name:		FR SO JR SR
My Student(s) is/are enro □ Visual Arts □ Music	lled in: □ Speech/Drama/Broadcasting	Send your application with payment to:  Maine West Fine Arts Boosters
My Student(s) participate	(s) in:	Attention: Joy Klarkowski
☐ Art Club	☐ Guitar/Jazz Band	1755 South Wolf Road, Des Plaines, IL 60018
<ul><li>☐ March/Concert Band</li><li>☐ Choraliers/Choir</li><li>☐ Musical/Plays</li></ul>	<ul><li>☐ Speech Team</li><li>☐ Stage Crew</li><li>☐ V-Show</li></ul>	Please make checks payable to Maine West Fine Arts Boosters.
<ul><li>☐ Orchesis Dance</li><li>☐ Photo Club</li><li>☐ WMTH 90.5 FM</li></ul>	<ul><li>☐ Warrior Strings/Orchestra</li><li>☐ WMTH TV</li></ul>	Your membership packet will be mailed to you once the application has been received and processed.

THANK YOU FOR SUPPORTING MAINE WEST FINE ARTS BOOSTERS!



# TIME AND DEPARTMENT

VISUAL ARTS - SROADCASTING - DANCE - DRAMA - MUSIC

V Show 2018: Nov 1 @ 4:00PM Nov 2 & 3 @ 7:00PM

# Music Concerts

Chair-October 4@ 7:00

Marching Warrior/D62 Band —October 10 @5:30
Marching Band Spectacular—Oct 18 @ 7:00
Des Plaines Orchestra Festival—October 23 @ 6:30
IEMEA District Festival—November 10
Classical Guitar Concert—November 12 @ 4:00

Classical Guitar Concert—November 12 @ 4:00 ILMEA District Jazz—Nov 19

Prism Concert—Thursday December 6 @ 7:00 pm
Prism Concert—Saturday December 8 @ 5:00 pm
Des Plaines Choral Festival—January 14 @ 6:30 pm
D62/MW Band Festival—January 17 @ 6:30 pm
Choraliers Performance—February 7 (Offsite)
Orchestra Chamber Night—February 12 @ 6:00
Choir Concert—March 12 @ 7:00 (Offsite)
Band Concert—March 14 @ 7:00
Warrior Strings Performance—March 21 (Offsite)
Jazz Band Performance—April 4 (Offsite)
Orchestra Masterworks Concert—April 25 @ 7:00
Band and Choir Concert—May 2 @ 7:00

Musical-The Addams Family

Showcase

January 29 @ 6:30 Performances February 22 & 23 @ 7:00

February 24 @ 2:00

Peter and the Star Catcher
Fall Play
Sept 27@4pm Sept 28 & 29@7PM

Drama Club Improv Night
December 14—7:00PM
April 17—7:00PM

# **Marching Band**

Camp—August 6-11(see website)
Marching Band At Warrior Football
All Games Now At 7:00pm

Pregame at 6:50pm
Aug 24, Sept 7,
Sept 21 (Homecoming), Oct 5, Oct 12
Grayslake Competition—Sept 9
Wheeling Competition—Sept 15

Spring Camp June 3, 4, 5 (2019)

Pep Band Performances

Nov 30, Dec 14 January 11, 18, 25, Feb 1

Theatrefest January 10,11,12 U of I-Champaign Art Shows
Sallery 64—Nov 1 @ 5:30
Simhurst—Jan 16@6:00
Ilinois Regional Art Show—Feb 24
Maine West Art Show—April 11 @ 6:00

# Auditions

2018-2019 Schedule of Events

Fall Play—Aug 15 V Show—Sept 10 & 11 Orchesis—Sept 27 ILMEA Choir—Oct 1

ILMEA Orchestra—Oct 2 ILMEA Band—Oct 3

Musical—November 13 & 14 Spring Play—Feb 28 V Show MC (2019)—May 14 Choraliers (2018-19)—May 20 Honorary Society Inductions March 18 @ 7:00 Orchesis Dance Company Concert March 7 @ 4:00

Broadcasting Open House March 11 @ 6:00 Art—April 18@ 7AM
Speech/Drama/Broadcasting—May 13 @ 3:30
Music—Part of Year-End Concerts

Title TBA Spring Play April 11 @ 4:00

April 11 @ 4:00 April 12 & 13 @ 7:00



#### 1131 South Dee Road Park Ridge, Illinois 60068 847-858-7090 www.mcyaf.com

July 17, 2018

Dear Maine West Parent:

Started in Maine Township High School District 207 in 2002, Maine Community Youth Assistance Foundation, (MCYAF) provides useful programs and projects to help keep our teens drug and alcohol free. You'll see the work of MCYAF in the "MCYAF OPTIONS" program, the installation of prescription drug drop boxes at police stations, post-Prom events, and in the youth-led Teen Town Hall Meeting and PhotoVoice exhibit. You'll also see us on campus at Back-to-School Nights, Parent-Teacher Conference Nights and Homecoming, and at community parades, celebrations and health awareness events all around Maine Township.

Being a parent is hard work and the most important job you'll ever have. MCYAF wants you to know that you're not alone in raising a successful teen! **The challenges of raising teens is all in** *THEIR heads.* So if you worry your teen tends to lack your level of rational thinking, you're probably right. The part of the brain that governs all the executive decision-making skills that help teens make rational choices won't be developed until their early twenties! These changes can make teens more vulnerable to risky behaviors such as drinking or using drugs. But *most* teens in Maine Township *don't* drink or do drugs. Why not? They tell us they don't want to disappoint their parents and they want to keep their bodies healthy. So take heart: when it comes to attitudes about drinking and drugs, talk early and talk often.

Of course, even when you've done everything right, teens push limits and experiment, which can leave even the best parents wondering what's the wisest way to react. MCYAF can help! In addition to the latest information, we can provide the names of resources and many helpful, evidence-based pamphlets and fact sheets to use. Get together with other parents and community experts as MCYAF hosts meetings on the 4th Thursday of each month at 8:30 a.m. at Maine South which are free and open to everyone.

Education is the most powerful weapon to prevent teen drug and alcohol use, so **Come Say "Know" to Drugs with us!** In addition to helping parents, MCYAF has a Youth Group that gives all teens opportunities to develop leadership skills, help others, and earn service hours. Have your teen text us at 847-858-7090 if they're interested. Our **office is at Maine South but we serve ALL Maine East, West and South families and everyone is always welcome at all of our meetings!** 

Please check out MCYAF's schedule of parent meetings and other events on the back of this letter. Make MCYAF part of your parenting toolbox. Put us on your calendar with other school activities for the new school year and let us be your partner in parenting – we're here for you!

Sincerely,

Teri

Theresa A. Collins, Ph.D. Executive Director, MCYAF



1131 South Dee Road Park Ridge, Illinois 60068 847-858-7090 www.mcyaf.com

#### **Maine Community Youth Assistance Foundation (MCYAF)**

A community coalition and non-profit organization dedicated to the PREVENTION of adolescent drug and alcohol abuse and the PROMOTION of positive mental health for all teens in Maine Township.

Parents, we are there for you – and for your teens!

Website: <a href="www.mcyaf.com">www.mcyaf.com</a> Call or text: 847-858-7090

#### MCYAF 2018-2019 Monthly Meeting Calendar

Monthly Meetings are held the 4th Thursday of each month during the school year 8:30 AM to 10:00 AM in the Principal's Conference Room at Maine South High School:

August 24

September 27

October 25

November 15\*

December 20\*

January 24

February 21

March 21\*

April 25

**May 23** 

\* Due to holidays and spring break, meeting is on different Thursday of the month.

Come join us and meet with other parents and community experts. Meetings are free and open to the public.

Please Attend - We Need Your Support!!

MCYAF Annual Fundraiser Community Heroes Dinner
Café la Cave Thursday, September 20, 2018

To volunteer for this fun event, please text Teri at 847-858-7090. We are in need of silent auction donations and ads as well as attendees. Fun way to meet new people!

Tickets: https://goo.gl/AH6gac\_or call 847-858-7090 or tcollins@mcyaf.com