

DISTRICT 207 SCHOOL-BASED HEALTH CENTER

Helping Students to "Be Well & Do Well"

Mission Statement

The Maine Township High School District 207 School-Based Health Center will improve the health of all District 207 students by providing: culturally competent and adolescent-friendly physical and emotional health services; knowledge & skills needed to choose lifelong positive health behaviors and practices; and, an understanding of how to appropriately access the health care system. Health Center services will enable students to further their education and maximize their adult potential as well as positively impact the overall health of the Maine East community and its families. The center will be a supervised educational training site for professionals in the delivery of adolescent health care.

The District 207 School-Based Health Center (SBHC) is a collaborative effort between District 207, Advocate Lutheran General Hospital and Advocate Medical Group. The goal of the SBHC is to improve the physical and emotional health of students attending all Maine 207 high schools. As required by the Illinois Department of Health and Human Services:

Students must have a signed parental/guardian consent form on file before they can receive most services at the SBHC. However, Illinois Consent and Confidentiality Laws allow minors over age 12 to receive sexually transmitted infection (STI) testing and treatment and pregnancy testing without consent of a parent or guardian. The staff of the SBHC considers parental involvement extremely important. We encourage all students to involve their parent or guardian in health care decision making.

The SBHC is open Monday through Friday from 8:00am to 4:00pm. Located on the lower level of Maine East High School, Health Center staff includes a nurse practitioner, mental health worker, several physicians and a secretary.

SERVICES AVAILABLE at the SBHC include but are not limited to the following:

- General health assessment
- Routine physicals
- Sports and employment physicals
- Immunizations (to Medicaid eligible or uninsured students)
- Diagnosis and management of chronic health conditions
- Diagnosis and treatment of minor illnesses and injuries
- Throat cultures
- Urinalysis
- Blood pressure screenings
- Asthma treatment
- Weight management
- TB testing
- Assessment of stress/emotional problems
- Treatment of sprains, cuts & burns
- Pregnancy testing
- Pap smears
- Abstinence and contraception counseling
- Diagnosis and treatment of sexually transmitted infections (STI)
- Safety promotion
- STI and HIV prevention
- Smoking cessation
- Diagnosis and treatment of eating disorders
- Routine blood tests
- Individual and family counseling
- Assessment of alcohol & drug problems
- Treatment of infections

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