

COMMUNITY REFERRAL LIST

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ADHD EVALUATIONS

The Arlington Center for Attention Deficit Disorders & Arlington Counseling Associates

3375 N. Arlington Heights Rd., Suite F

Arlington Heights

(847) 577-4530

<http://www.arlingtonctr.com/>

Comprehensive Psychological Services (Dr. Frey & others)

3233 N. Arlington Hts. Rd., Suite 208

Arlington Hts., 60004

(847) 632-0334

<http://psych4kids.com/>

Georgemiller, Whyte, & Associates

1974 Miner,

Des Plaines

(847) 544-5800

<http://www.georgemillerwhyte.com/>

Rush Neurobehavioral Center

4711 Golf Rd.

Suite 1100

Skokie, IL 60076

(847) 933-9339

<http://rnbc.org/>

AUTISM SPECTRUM DISORDERS – EVALUATION & TREATMENT

Alexian Brothers Behavioral Health Hospital

1650 Moon Lake Boulevard (off of Barrington and Higgins)

Hoffman Estates

1800-432-5005

<http://www.alexianbrothershealth.org/abbhh>

- *Autism Spectrum and Developmental Disorders Resource Center*
(847) 755-8536
(Screening and assessment, brief counseling, and access to educational resources)

Frey, Michael, Ph.D.

Comprehensive Psychological Services

3233 N. Arlington Hts. Rd., Suite 208

Arlington Hts., 60004

(847) 632-0334

<http://psych4kids.com/>

Huk, Joanna, Ph.D.

Alexian Brothers Behavioral Health

<http://www.alexianbrothershealth.org/abbhh/outpatient-providers/huk-joanna/>

847-755-8090

(Fluent in Polish)

Thornton, Genevieve., Psy.D.

899 Skokie Boulevard, #204

Northbrook, 60062

(773) 559-3240

(Social skills for students with Autism Spectrum Disorders, NVLD, and ADHD)

PEERS Chicago

Social Skills program for verbal adolescents and young adults

www.peerschicago.com

(847) 494-3188

Locations in Deerfield & Westmont

Bellosa Counseling, LLC

350 S. Northwest Highway, Suite 300

Park Ridge, IL 60068

Office: 847.656.5259

Fax: 847.656.5201

Christine@BellosaCounseling.com

GRIEF/LOSS THERAPISTS

Good Mourning Program

444 N. Northwest Highway, Suite 145
Park Ridge
(847) 685-9900

<http://www.rainbowhospice.org/bereavement/good/>

- **Scalzitti, Vicki**
(847) 910-4145 (cell phone)
- **Cullen-Conway, Kathleen**
(847) 685-9900

Flowers, Nancy

SW Manager – Rainbow Hospice (10 social workers – Amanda Hamilton, Barbe Creagh, Kathleen Cullen-Conway)

Good Mourning is affiliated and works with those whose family members are not under Rainbow Hospice care

(847) 685-9900
(312) 206-8178

Loving Outreach for Survivors of Suicide (LOSS)

(312) 655-7283

<http://www.catholiccharities.net/loss/>

Dawson, Phyllis, Psy.D.

Michael Athans and Associates
32 Main Street
Park Ridge, 60068
(847) 823-4444

<http://www.athansandassociates.net/aboutus.html>

The Family Institute at Northwestern University

666 Dundee Road, Suite 1501
Northbrook, IL, 60062
(847) 733-4300

<http://www.family-institute.org/>

Willow House

Specializing in children's grief through individual and group counseling, including for loss of a loved through suicide.

300 Sounders Rd, Suite 300,
Riverwoods, IL 60015
(847) 236 9300

<http://www.willowhouse.org/>

LGBTQ SERVICES

Angles

1779 Maple St., Northfield
(847) 441-6191

www.angles.org

(For sexual health, identity, and education/ Have high school support groups and social activities for LGBTQ teens and a clinic for reproductive health care for teens and young adults up to 25)

The Family Institute at Northwestern University

666 Dundee Road, Suite 1501
Northbrook, IL, 60062
(847) 733-4300

<http://www.family-institute.org/>

Gobby, John, Psy.D.

633 Skokie Blvd., Northbrook
(773) 569-4800

(Anxiety, Behavioral and Conduct Problems,
Bipolar Disorder, Depressive Disorders, Gay and Lesbian Issues)

<http://affiliatesincounseling.net/our-clinicians/john-m-gobby/>

Grimes, Laura, LCSW

River Rock Psychotherapy & Consulting
4753 North Broadway, Suite 608
Chicago, IL, 60640
(773) 659-9207

laura@riverrocktherapy.com

<http://riverrocktherapy.com/index.php>

(Work with students who have gender identity issues and are transitioning or considering transitioning to another gender)

OTHER-LANGUAGE THERAPISTS & PSYCHIATRISTS

Spanish

Becker, George, LCSW

Family Pathways Counseling
380 E. Northwest Hwy., Suite 340
Des Plaines
(847) 909-7635
familypathways1@yahoo.com

Cornejo, Yesenia

MaineStay Youth and Family Services
1700 Ballard Road
Park Ridge
(847) 297-2510 Ext. 274
jcornejo@mainetown.com

Greek

Hellenic Family Services (M-Th, Sat)

6251 W. Touhy Ave.
Chicago, IL
(773) 631-5222
* Sliding scale

Polish

Auchut, Zbigniew

St. Mary's Hospital (Division and Western)
(708) 410-0615

Huk, Joanna, Ph.D.

Barnes & Klatt P.C.
825 E. Golf Rd., Suite 1127
Arlington Heights, 60005
(847) 981-9200 Ext. 100
www.barnesandklatt.com

(Depression, Anxiety, Academic Difficulties, Acting-out Behaviors, Low Self-Esteem, and Autism Spectrum Behaviors)

Jankawska, Anna, L.C.P.C.

Counseling Center of Illinois
4771 N. Milwaukee Ave.
(773) 777-6767

Malyszko, Kathy, LCPC, CADC, CDVP
Mental Health Counselor
Maine 207 School-Based Health Center
(847) 825-4057

Puszkarska, Lucyna, M.D.
5545 N. Milwaukee Ave.
Chicago
(773) 594-9944

Puszkarski, Slawomir, M.D.
5545 N. Milwaukee Ave.
Chicago
(773) 594-9944

PSYCHOLOGICAL EVALUATIONS

Sankrant Reddy, M.D.

Clarity Clinic Arlington Heights

2101 S Arlington Heights Road

Suite 116

Arlington Heights, Illinois 60005

(847) 380-8386

Accept the following insurance: Medicare, Aetna, BCBS, Cigna, Tricare, Humana, and United

The Family Institute at Northwestern University

618 Library Place

Evanston, IL 60201

(847) 733-4300

<http://www.family-institute.org/>

Rush Neurobehavioral Center

4711 Golf Rd.

Suite 1100

Skokie, IL 60076

(847) 933-9339

<http://rnbc.org/>

Comprehensive Psychological Services

3233 N. Arlington Hts. Rd., Suite 208

Arlington Hts., 60004

(847) 632-0334

<http://psych4kids.com/>

Georgemiller, Whyte, & Associates

1974 Miner, Des Plaines

(847) 544-5800

<http://www.georgemillerwhyte.com/>

Philipps, Laurie, Dr.

Pediatric Psychology & Neuropsychology Services

1655 N. Arlington Heights Rd., Suite 302E

Arlington Heights, IL, 60004

(847) 754-9343

<http://www.drlauriephilipps.com/>

The Arlington Center for Attention Deficit Disorders & Arlington Counseling Associates

3375 N. Arlington Heights Rd., Suite F

Arlington Heights

(847) 577-4530

<http://www.arlingtonctr.com/>

MaineStay Youth & Family Services

1700 Ballard Road

Park Ridge, IL 60068

Psychiatric Evaluations (for ages 18 & above, including Medicaid recipients)

847-297-2510

THERAPISTS FOR INTERNALIZING PROBLEMS (ANXIETY, DEPRESSION, MOOD DISORDERS)

Alexian Brothers Behavioral Health Hospital

1650 Moon Lake Boulevard (off of Barrington and Higgins)

Hoffman Estates

1 800-432-5005

<http://www.alexianbrothershealth.org/abbhh>

(Adolescent Inpatient and partial hospitalization program for psychiatric and chemical abuse issues)

- *Child and Adolescent Anxiety Disorders Program*
School Refusal/School Anxiety Program
Jackie Rhew, Clinical Supervisor (847) 755-8516
1800-432-5005
(847) 755-8531

Alexian Brothers Center for Mental Health

3436 N. Kennicott Ave.

Arlington Heights, IL 60004

Phone: 847-952-7460

<http://www.alexianbrothershealth.org/acmh/providers>

Chicago Cognitive Behavioral Treatment Center

4711 Golf Road, Suite 920

Skokie

Phone: 847-966-9343

<http://www.chicagocbtcenter.com/home.html>

(Specialize in Anxiety, Mood, and Related Disorders)

Dawson, Phyllis, Psy.D.

Michael Athans and Associates

32 Maine Street

Park Ridge, 60068

(847) 823-4444

<http://www.athansandassociates.net/aboutus.html>

(Depression, Anxiety, Women's/Girls Issues, ADHD, Trauma, Grief, Anger, Stress Management, Identity Issues, Suicide, Chronic Illness)

The Family Institute at Northwestern University

666 Dundee Road, Suite 1501

Northbrook, IL, 60062

(847) 733-4300

<http://www.family-institute.org/>

Fox, Jessica, LCPC, Co-Clinical Director

Park Ridge Psychological Services

36 Main Street, Suite 102
Park Ridge
(847) 692-6692
www.prpsych.com

(Adolescents with depression, anxiety, social problems, and eating disorders)

Gobby, John, Psy.D.

633 Skokie Blvd., Northbrook
(773) 569-4800

(Anxiety, Behavioral and Conduct Problems,
Bipolar Disorder, Depressive Disorders, Gay and Lesbian Issues)

<http://affiliatesincounseling.net/our-clinicians/john-m-gobby/>

Hamernik, Heidi, Ph.D.

Skokie
(847) 763-9167
(Eating Disorders, Anxiety Disorders)

Kaminski, Cherisse

9 S. Fairview, Suite 203
Park Ridge
(312) 310-1024
(Depressive Disorders, Self-Esteem)

MaineStay Youth and Family Services

1700 Ballard Rd.
Park Ridge, 60068
(847) 297-2510 Ext. 272 (Richard Lyon)
<http://www.mainetownship.com/services/mainestay/>

*Sliding scale

McGrath, Patrick, Ph.D.

Alexian Brothers Hospital – OCD/School Refusal Program
(847) 755-8531

<http://www.alexianbrothershealth.org/services/abbhh/outpatient-providers/mcgrath-patrick.aspx>

(Stress Management and Anxiety Disorders – Panic, Phobias, OCD, PTSD, Social Phobia –
specializes in exposure therapy)

Whyte, Bonnie, Ph.D.

Georgemiller, Whyte, & Associates
1974 Miner, Des Plaines
(847) 544-5800

<http://www.georgemillerwhyte.com/>

(Anxiety/Panic Disorders, Depression, Chronic Illness, Women's Issues)

Center for Identity Potential

1440 Renaissance Dr.

Suite 440

Park Ridge, IL 60068

(312) 624-9815

(Individual & family counseling services for Gifted and Talented individuals)

THERAPISTS FOR EXTERNALIZING PROBLEMS (CONDUCT PROBLEMS, EATING DISORDERS, SELF-INJURY, SUBSTANCE USE)

Alexian Brothers Behavioral Health Hospital

1650 Moon Lake Boulevard (off of Barrington and Higgins)

Hoffman Estates

1800-432-5005

<http://www.alexianbrothershealth.org/abbhh>

(Adolescent Inpatient and partial hospitalization program for psychiatric and chemical abuse issues)

- *School Refusal/School Anxiety Program*
Jackie Rhew, Clinical Supervisor (847) 755-8516
1800-432-5005
(847) 755-8531
- *Eating Disorders Program*
(847) 755-8058
1800-432-5005
eatingdisorders@abbhh.net
Dr. Michelle Gebhardt (Inpatient Program)
(847) 755-8247
Dr. Denise Styer (PHP/IOP)
(847) 755-8187
- *Self-Injury Recovery Services*
1800-432-5005
Dr. Denise Styer (PHP/IOP)
(847) 755-8187

Alexian Brothers Center for Mental Health

3436 N. Kennicott Ave.

Arlington Heights, IL 60004

Phone: 847-952-7460

<http://www.alexianbrothershealth.org/acmh/providers>

Bowersmith, Joanna, CADC, LMFT

Integrative Psychological Services of Chicago

1871 Hicks Road

Rolling Meadows, IL

(815) 210-2725

<http://www.integrativepsychchicago.com/>

(Self-Injury, Eating Disorders, Substance Abuse, Anxiety, Family Therapy)

Compass Health Center

60 Revere Drive, Suite 100

Northbrook

(224) 306-1879

<http://bestchicagopsychiatry.com/>

(Partial Hospital Programs & Intensive Outpatient Programs for Children, Adolescents, Young Adults, and Adults)

Finnegan, Andrea, LCSW

Marks & Associates

1580 N. Northwest Highway, Suite 215

Park Ridge, IL 60068

(847) 299-3400

(Family conflict)

Fader, Kathleen, Psy.D.

Alexian Brothers Behavioral Health Hospital – Outpatient practice

1650 Moon Lake Boulevard

Hoffman Estates, 60194

(847) 755-8026

(Attachment Disorders, Eating Disorders, Anxiety, OCD)

The Family Institute at Northwestern University

666 Dundee Road, Suite 1501

Northbrook, IL, 60062

(847) 733-4300

<http://www.family-institute.org/>

(Family therapy, divorce, marital counseling, parenting, addictions/substance abuse, depression, anxiety/panic, LGBT issues, grief & loss, and chronic illness/health challenges)

Folz, Robert, Psy.D.

1440 Renaissance Drive, Suite 250A

Park Ridge, 60068

(847) 518-9546

(ADHD, Bipolar Disorder, Depression, Family Discord, ODD, Relationship Problems, Self-esteem, Self-injurious behaviors)

Fox, Jessica, LCPC, Co-Clinical Director

Park Ridge Psychological Services

36 Main Street, Suite 102

Park Ridge

(847) 692-6692

www.prpsych.com

(Adolescents with depression, anxiety, social problems, and eating disorders)

Gebhardt, Michelle, Psy.D.

Alexian Bros. Outpatient Group Practice

(847) 755-8090

<http://www.alexianbrothershealth.org/services/abbhh/outpatient-providers/gebhardt-michelle.asp>

[X](#)

(Eating Disorders, Self-Injury, Body Image, Trauma/Abuse, Borderline Personality Disorder, Women's Issues)

Genesis Clinical Services

Prinz, Steve, M.D.

1776 S. Naperville Road.

Wheaton, IL

(630) 653-6441

<http://www.genesisclinicalservices.com/>

(Specializes in Eating Disorders)

Gobby, John, Psy.D.

633 Skokie Blvd., Northbrook

(773) 569-4800

(Anxiety, Behavioral and Conduct Problems,

Bipolar Disorder, Depressive Disorders, Gay and Lesbian Issues)

Insight Behavioral Health Center

1535 Lake Cook Rd.

Suite 303

Northbrook, IL 60062

(847) 915-6747

(eating disorders)

Lewis-Todd, Tracy, Psy.D.

Todd & Lewis-Todd, Inc.

2010 E. Algonquin Road, Suite 207

Schaumburg

(847) 485-8230

ttpsych@gmail.com

<http://www.toddandlewistodd.com>

MaineStay Youth and Family Services

1700 Ballard Rd.

Park Ridge, 60068

(847) 297-2510 Ext. 272 (Richard Lyon)

<http://www.mainetownship.com/services/mainestay/>

*Sliding scale

Marx, Mindy, LCSW

Arlington Heights

(847) 483-9701

(Eating Disorders, Self-injurious Behaviors)

Northwest Community Hospital

800 West Central Road

Arlington Heights

<http://nch.org/medical-services/mental-health/adolescent.php>

(Inpatient Treatment and Partial Hospitalization Program for youths ages 12-18 with mental health and substance abuse issues)
(847) 618-4100

- *Coping with School Refusal Behavior Program*
(847) 618-4110
- *The Youth Center Adolescent Substance Abuse Treatment Program*

Kenneth Young Center

1001 Rohlwing Road

Elk Grove Village, Illinois 60007

(847) 524-8800

<https://www.kennethyoung.org/Services/mental-health-services>

SERVICES FOR LOW-INCOME FAMILIES

All Kids – Illinois Healthcare for All Kids

1-866-255-5437

www.allkids.com

(Comprehensive healthcare for Illinois uninsured children, includes doctors visits, hospital stays, prescription drugs, vision care, dental care, and medical devices like eyeglasses and inhalers – Parents pay monthly premiums on sliding scale)

Bridge Youth & Family Services

1585 N. Rand Road

Palatine, 60074

(847) 776-3730 Ext. 14

<http://bridgeyouth.org/>

*Sliding scale

Crisis intervention for runaway, locked out, and homeless youth.

The Center for Concern

1580 N. Northwest Highway, Suite 310

Park Ridge

(847) 823-0453

<http://centerofconcern.org/index.html>

(Not-for-profit agency which provides housing solutions – homeless transitional housing (8 apartments in Des Plaines for up to 24 months) and home sharing)

Family Behavioral Health Clinic

1455 E. Golf Rd.

Des Plaines, IL 60016

(847) 390-3004

Kid Care

Illinois Department of Human Services

Local Office - 8020 St. Louis Ave., Skokie

(847) 745-3200

(Public insurance for families that are uninsured – medical/mental health issues)

MaineStay Youth and Family Services

1700 Ballard Rd.

Park Ridge, 60068

(847) 297-2510 Ext. 272 (Richard)

<http://www.mainetownship.com/services/mainestay/>

*Sliding scale

Maine 207 School-Based Health Center

Medical and mental health screenings and treatment for any 207 student who might otherwise not have access to primary care

2601 West Dempster St.

Park Ridge

(847) 825-4059

www.short.maine207.org/sbhc

Monday-Friday, 8:00-4:00

M.D. available Monday mornings and Wed. afternoons

Nurse Practitioner is in 32 hours a week

Metropolitan Family Services

One North Dearborn, Suite 1000

Chicago, IL, 60602

(312) 986-4000

contactus@metrofamily.org

<http://www.metrofamily.org/>

(Programs include counseling, psychiatric evaluations, crisis intervention, economic stability, employee assistance, legal aid, violence prevention and intervention – *Sliding scale)

Screening, Assessment, Support Services (SASS)

For children and adolescents experiencing a mental health crisis, who have no insurance or are funded by Medicaid/ Evaluate need for hospitalization, then either assist the family in that

process or create a safety plan for the home

1800-345-9049

Northwest Compass (formerly CEDA Northwest)

1300 W. Northwest Hwy.

Mt. Prospect, IL

(847) 392-2344

Zacharias Sexual Abuse Center

4232 Dempster St.

Skokie, IL 60076

847-972-1790

<https://zcenter.org/>

(focus on sexual abuse trauma and coordinate with community hospitals for IOP and in-patient treatment if needed. Completely free services!)

Northwest Center Against Sexual Abuse (CASA)

415 West Golf Rd, Suite 47

Arlington Heights, IL 60005

847-806-6526

24 hr crisis hotline - 888-802-8890

<http://www.nwcasa.org/>

(Can come to school if transportation is a barrier. Specifically sexual abuse crisis intervention and counseling services. Free!)

Catholic Charities

1717 Rand Rd.

Des Plaines, IL

(847) 376-2100

HOSPITAL TREATMENT PROGRAMS

Maine 207 School-Based Health Center

Medical and mental health screenings and treatment for any 207 student who might otherwise not have access to primary care

2601 West Dempster St.

Park Ridge

(847) 825-4059

www.short.maine207.org/sbhc

Monday-Friday, 8:00-4:00

M.D. available Monday mornings and Wed. afternoons

Nurse Practitioner is in 32 hours a week

Advocate Lutheran General Children's Hospital

1675 Dempster Street

Park Ridge

(847) 723-KIDS (5437)

(Child and adolescent psychiatry unit for children ages 5 to 17 requiring short-term, acute care for psychiatric disorders)

*Dr. Bernadette Stevenson (Parkside Suite 470, 1875 Dempster St, Park Ridge, IL 60068

Phone:(847) 795-3100

Alexian Brothers Behavioral Health Hospital

1650 Moon Lake Boulevard (off of Barrington and Higgins)

Hoffman Estates

1800-432-5005

<http://www.alexianbrothershealth.org/abbhh>

(Adolescent Inpatient and partial hospitalization program for psychiatric and chemical abuse issues)

- *Child and Adolescent Anxiety Disorders Program*
School Refusal/School Anxiety Program
Jackie Rhew, Clinical Supervisor (847) 755-8516
1800-432-5005
(847) 755-8531
- *Eating Disorders Program*
(847) 755-8058
1800-432-5005
eatingdisorders@abbhh.net
Dr. Michelle Gebhardt (Inpatient Program)
(847) 755-8247
Dr. Denise Styer (PHP/IOP)
(847) 755-8187
- *Self-Injury Recovery Services*
1800-432-5005
Dr. Denise Styer (PHP/IOP)
(847) 755-8187

- *Autism Spectrum and Developmental Disorders Resource Center*
(847) 755-8536
(Screening and assessment, brief counseling, and access to educational resources)

Don Mitckess (Clinical Liaison for Eating Disorders and Self-Injury Programs)
(847) 755-8009 (office)
(630) 441-6837 (cell)

Northwest Community Hospital

800 West Central Road

Arlington Heights

<http://nch.org/medical-services/mental-health/adolescent.php>

(Inpatient Treatment and Partial Hospitalization Program for youths ages 12-18 with mental health and substance abuse issues)

(847) 618-4100

- *Coping with School Refusal Behavior Program*
(847) 618-4110
- *The Youth Center Adolescent Substance Abuse Treatment Program*
- *Families call 847-HEALING, select Option 1 - for initial phone assessment and then will get an appointment set up for next day.*

Compass Health Center

60 Revere Drive, Suite 100

Northbrook

(224) 306-1879

<http://www.compasshealthcenter.net/>

(Partial Hospital Programs & Intensive Outpatient Programs for Children, Adolescents, Young Adults, and Adults)

- *School Refusal Partial Hospitalization Program*
- *No drug treatment program*

HELPLINES

National Suicide Prevention Hotline	1-800-273-8255 (TALK)
National Teen Dating Abuse Helpline	1-866-331-9474
Community Crisis Center Hotline	(847) 697-2380
Life Span (Domestic Violence)	(847) 824-0382
National Runaway Switchboard	(800) 621-4000
Northwest Center Against Sexual Assault	(847) 806-6526
Omni Youth Services	(847) 541-0199
The Harbour	(847) 297-8540
Disabled Adult Abuse	(866) 800-1409

SUBSTANCE ABUSE

Alexian Brothers - Center for Addiction Medicine

1650 Moon Lake Blvd.
Hoffman Estates, IL 60194
(855) 383-2224
(Free assessments, outpatient and inpatient programs)

Families and Adolescents in Recovery (FAIR)

2010 E. Algonquin Rd.
Schaumburg, IL 60173
(847) 359-5912
(Free assessments, intensive outpatient counseling, need insurance)

Peer Services

3633 W. Glen Lake Ave.
Glenview, IL 60025
(847) 657-7337
(Assessments not free, outpatient counseling and drug testing)

IMMIGRATION & LEGAL SERVICES

Legal Assistance Foundation

120 S. Lasselale St., #900
Chicago, IL 60603
(312) 341-1070

Illinois Coalition for Immigrant and Refugee Rights

(312) 735-5310

<http://icirr.org/>

State of Illinois Guardianship & Advocacy Commission

(847) 475-3703

(866) 274-8023

<http://www.illinois.gov/sites/gac>

Legal Aid Society of Metropolitan Family Services

(312) 986-4200

<http://www.metrofamily.org/legal-aid>