



MAINE WEST WARRIORS 2026 FALL SPORTS START UP INFORMATION-

All athletes are required to complete & turn in their [physical](#), & must be [registered online](#), [prior to participation](#).

<u>Team</u> <u>Head Coach</u>	<u>Start Date</u>	<u>Other Information/Contact Info</u>
BOYS CROSS COUNTRY Head Coach Nate Hassman	Monday, August 10 3:30 pm	Come dressed to run. Bring a filled water bottle. Meet in the stadium near the high jump pit. Cross Country is not a cut sport.* Contact Head Coach: nhassman@maine207.org
GIRLS CROSS COUNTRY Head Coach Amy Garceau	Monday, August 10 3:30 pm	Come dressed to run. Bring a filled water bottle. Meet in the stadium near the high jump pit. Cross Country is not a cut sport.* Contact Head Coach: agarceau@maine207.org
FOOTBALL Head Coach George Klupchak	Wednesday, August 5 1:00pm	Bring black shorts, Maine West T-Shirt cleats, gym shoes, and filled water bottle All other necessary gear will be issued as needed. Football is not a cut sport* <u>Initial Meeting: Fitness Center for 1pm Program Meeting</u> Contact Head Coach : gklupchak@maine207.org
GIRLS FLAG FOOTBALL Head Coach: Gaby Goldman	Monday August 10	Tryouts will be on Monday August 10 and Tuesday August 11 from 3:30 PM - 5:30 PM. <u>All players:</u> Be prepared with a water bottle, athletic attire, gym shoes/cleats. <u>Location: Football Practice Field</u> Contact Head Coach: ggoldman@maine207.org with questions.
BOYS GOLF Head Coach Mike Randazzo	Monday, August 10th	Meet at 3:30pm at the Des Plaines Golf Center Bring a filled water bottle and your clubs. Boys Golf Webpage for more information. Contact Head Coach: mrandazzo@maine207.org with questions.
GIRLS GOLF Head Coach Mike OBrill	Monday, August 10th	Meet Monday & Tuesday August 10th & 11th at 3:30pm at the Des Plaines Golf Center. Bring a filled water bottle and your clubs Contact Head Coach: mobrill@maine207.org
BOYS SOCCER Head Coach Eliades Hernandez	Wednesday, August 12th	Please bring cleats, water, running shoes, and shin guards. Boys Soccer is a cut sport at all levels. Boys Soccer Webpage <u>Location:</u> All Soccer players meet at the field to the South of the Tennis Courts. Contact Head Coach: ehernandez1@maine207.org

GIRLS SWIMMING/DIVING Head Coach Colin Williams	Monday, August 10th	Please bring a practice suit, water bottle, fitness shorts/shirt, and goggles. Contact Head Coach: cwilliams4@maine207.org with questions.
GIRLS TENNIS Head Coach Miguel Aguirre	Monday August 10th	Meet us outside on the tennis courts! No experience or equipment needed- No cut sport. Please come dressed in athletic clothing, gym shoes, if you have a Tennis racquet (if not that is ok, we will provide) and bring a water bottle. Contact Head Coach: maguirre@maine207.org
GIRLS VOLLEYBALL Head Coach Payton Litney	August 10th	All Players: Be prepared with water bottle/knee pads/athletic attire. Tryouts will begin on August 10th and conclude on August 12th. Location: All players are to arrive 15 minutes early in the SPEC Gym. MONDAY SO/JR/SR 11:30 AM - 1:30 PM & FR 3:30-5:30 PM TUESDAY SO/JR/SR 11:30 AM - 1:30 PM & FR 3:30-5:30 PM WEDNESDAY ALL GRADES 3:30-5:30 PM Contact Head Coach: plitney@maine207.org Please See Our Website For More Information
CHEER (SIDELINE) Head Coach Johnathan Funches		Please fill this out if interested . Fall tryout will be August 18th 4-6pm in A-Wing Gym
Warriorettes (SIDELINE) Head Coach Nancy Suwalski	August 10th	Meet in the dance studio. Days/times subject to change MONDAY: 7-8:15am TUESDAY: 7-8:15am WEDNESDAY: 3:30-4:45pm FRIDAYS: 5:00pm ON GAME DAYS AND 3:30-5:30pm BEFORE COMPETITIONS SATURDAYS AS NEEDED Come to practice with water bottle and appropriate shoes. Attire is athletic wear (all black) Contact Coach Nancy for more information NSuwalski@maine207.org

**To remain a member of the team, all athletes must meet all Program, District 207, Athletic Department, IHSA, CSL & team policies/expectations throughout the season.*

BEST OF LUCK TO ALL ATHLETES AND COACHES!! PLEASE SEE [THE MW ATHLETICS WEBPAGE](#) FOR MORE INFORMATION. GO WARRIORS!